

Patient Preparation – Hyperbaric Oxygen Therapy

Safety Precautions

AT HOME/BEFORE YOUR APPOINTMENT:

CLOTHING: Only 100% cotton clothing is permitted in the chamber to minimise chance of static spark and releasing toxic fumes. No Velcro allowed.

HAIRSPRAY/ PERFUME/ AFTER SHAVE: Please note that you cannot wear these on the day of treatment.

ON THE DAY:

FOOD; Ensure you have eaten prior to your treatment and are not experiencing blood sugar issues, particularly low levels. Please notify your hyperbaric chamber attendant if you are diabetic.

ALCOHOL: No alcohol is permitted to be consumed on the day of treatment or in the chamber.

AT THE CLINIC:

Please advise if you have a possible cold or flu, any medication change or could be pregnant.

Please remove all of the following before entering the chamber as strictly prohibited:

Dentures

Lipstick

Mobile phones (we will look after safely)

Any source of potential flame or spark - electronic devices, battery-operated devices, lighters, safety matches, vapes, class III laser pen pointers, hand warmers